



2019 Race Schedule

• KOKOMO NOW A 5K RUN & WALK •

• These are RRCA sanctioned events •

Amboy	5 K	March 16	<i>Amboy Community Bldg (Free pancake breakfast)</i>	9:00 am
Kokomo	5 K	May 11	<i>Jackson Morrow Park</i>	8:30 am
Greentown	5 K	June 8	<i>Rear of Eastern Elementary School</i>	8:00 am
Converse	5 K	August 3	<i>Front of First Farmers Bank - downtown</i>	8:00 am

Events: 1 Mile (or less) fun run; 5K run; 5K walk

Entry Fees: run / walk fee is \$8.00 in advance, \$10.00 day of race. fun run fee is \$1.00

Awards: T-shirts (gloves for Amboy race) to all participants (Except fun run)

Runners: Trophies to the top overall male and female finisher and to the top 3 finishers in each age group. May give more trophies if there are a large number of entrants in an age group.

Walkers: Trophies to the top 3 overall male and female finishers. May give more trophies if there are a large number of entrants

Fun Run: Trophies to the top overall male and female finishers

Age Groups: 14 & Under • 15 - 18 • 19 - 24 • 25 - 29 • 30 - 34 • 35 - 39 • 40 - 44 • 45 - 49 • 50 - 54 • 55 - 59 • 60 - 64 • 65 - 69 • 70 & over • Heavyweight (>185 lb.)

For additional information: contact John Norris at 765.395.7761 or jnorriss@norrissinsurance.com

Circle Race: **Amboy • Kokomo • Greentown • Converse**
 Circle Event: **Run • Walk • Fun Run**

Name _____ Male _____ Female _____

Email Address _____

Address _____ City _____ Zip Code _____

Age _____ Phone _____ Division _____ Shirt Size S M L XL

WAIVER STATEMENT: (MUST BE SIGNED:) I know that running / walking a road race is a potentially hazardous activity. I should not enter and run / walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and / or humidity, traffic and the conditions of the road, all such risk being known and appreciated by me. HAVING READ THIS WAIVER and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver, I grant permission to all of the organizers / sponsors of this event to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature _____ Date _____

Parent's Signature (if under 18 years of age) _____

Complete this form in full for each participant and mail check or money order to:

• **Norris Insurance, PO Box 157, Amboy, IN 46911** •
 (additional forms are available on www.norrissinsurance.com)